

Dan Short

Psychologue

Workshop

“Making Hypnosis More Effective by Engaging Unconscious Intelligence”

At the start of psychology, William James acknowledged the existence of unconscious intelligence and described it as being superior to conscious intelligence. Building on these principles, Milton Erickson convincingly demonstrated the clinical utility of unconscious problem-solving and the importance of teaching clients to trust unconscious processes. Now modern research has provided a nuanced picture of how unconscious intelligence operates and what it does best. In this workshop, Dr. Short will share state-of-the-art information on how to actively engage unconscious problem-solving during hypnosis.

CV

Dan Short has thirty years of experience as a practicing clinical psychologist. He serves as director for the Milton H. Erickson Institute of Phoenix and on the educational board for the International Society of Hypnosis (ISH). Dr. Short has authored numerous books, which include: *Hope and Resiliency* (in co-authorship with Betty Alice Erickson and Roxanna Erickson Klein); *Transformational Relationships*; also, *From William James to Milton Erickson: The Care of Human Consciousness*; and most recently, *Making Psychotherapy More Effective with Unconscious Process Work*. Dr. Short's scholarship includes numerous journal articles, book chapters, and other publications, such as authorship of a research-based treatment manual for Ericksonian therapy (ET), which is used by training institutes around the world. In addition to private practice work, Dr. Short routinely provides training and supervision of professionals in the United States and abroad, presenting at large conferences and at workshops as visiting faculty at institutes around the world.